

One Day Model School Schedule.

Time	What to wear	Subject	venue	Tutor
10.00 – 11.30 am	Comfortable clothing & flat shoes	Confidence/ Body Language	Motivation Fitness Studio Truro.	Stephanie Johnson
11.30 – 1.00 pm	Shoes with heels	Catwalk technique	Motivation Fitness Studio Truro.	Juliet Matthews
1.00 – 2.00 pm		LUNCH BREAK		
2.00 – 2.30 pm	Wear suitable clothing & makeup ready for photo shoot	An introduction to the modelling industry	Motivation Fitness Studio Truro.	Simon Riordan (from Impact Model Agency)
2.30 – 4.00 pm	As above	Photographic modelling with photo shoot.	Motivation Fitness Studio Truro	John Wood photographer